

# BANANAS Resource & Referral

## Video Lending Library List

Welcome to BANANAS Video Library. Videos in this catalog are organized by topics and titles. Within topics, videos are listed alphabetically by title. **Videos are checked out by number not by title.** The check out procedure is on page 15. Most videos are available in DVD format upon request.

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**A Catalog of Special Needs  
Videos is available from  
BANANAS or Family Resource  
Network, 547-7322.**

### **CHILD ABUSE**

**511 Bridges of Understanding**

Child abuse video available only in Laotian, Cambodian, Chinese, Hmong, Vietnamese. *25 min*

**411 Cadena Maldita – Chain of Misery**

Depicts experiences of a mother of a sexually abused child, an adult survivor and an offender. Spanish version only. *16 min*

**373 Child Abuse & Neglect**

Prevention & reporting guide for caregivers. *24 min*

**Child Maltreatment Series**

**400 Neglect & Sexual Abuse**

**401 Psychological and Physical Abuse**

Basic concepts of child abuse. *30 min. each*

**402 Context of Vulnerability, The**

Factors that cause young children to be vulnerable to inadequate parenting, abuse, and neglect. Discusses resiliency in children. *30 min*

**DVD 460 First Impressions**

Exposure to violence and a child's developing brain. Spanish version on same DVD. *15 min*

**405 Hidden Victims: Children of Domestic Violence**

Insight into the lives of children who witness domestic violence in their homes. *60 min*

**134 Partners in Prevention**

**Part I, Out of Harm's Way.** The role of child care centers in identifying child abuse at home and how to help troubled families.

**Part II, Taking Care.** Prevention of child abuse in child care programs by reducing stress, carefully selecting and managing staff. *30 min. each*

**627 Shadows to Light: Guide to Child Abuse Reporting**

Provides basic information on California's Child Abuse Reporting Law. Mandated reporters discuss feelings about protecting children. *22 min*

**Understanding Childhood Trauma Series**

Understand, identify & respond to childhood trauma, both ongoing & significant event trauma. *28 min. each*

**608 What is Childhood Trauma?**

**609 Significant Event Childhood Trauma**

**610 The Brain- Effects of Childhood Trauma**

**611 Identifying and Responding to Trauma**

**in Children up to 5 Years**

**612 Identifying and Responding to**

**Trauma in Children Six to Adolescence**

**613 Domestic Violence and Childhood**

**Trauma**

**614 Trauma and Healing**

**546 Violencia Doméstica y Los Niños**

Affects of domestic violence on children. Available in Spanish version only. *16 min*

### **CHILD CARE: ADMINISTRATION**

**012 Desired Results**

Overview of CDE's new approach for evaluating Early Care & Education and After School Programs *20 min*

**DVD 437 Desired Results Developmental Profile**

Ca Dept. of Ed. program evaluation instrument.

**093 Doing a Self-Study: Why & How?**

Presents the advantages and how to implement a child care program self-evaluation through the NAEYC. *30 min*

**650 Early Childhood Program: A Place to Learn and Grow**

Overview of series. Individual videos are listed under their topic. *8 min*

**DVD 436 Getting To Know You Through Observation**

Strategies for implementing an objective, accurate observation system to support use of Desired Results Program Evaluations. *54 min*

**623 Teachers in Transitions: Room to Grow**

How to implement developmentally appropriate practice in rural and urban settings. *23 min*

**666 Video Observations for Early Childhood Environment Rating Scale**  
 Vignettes to practice scoring various rating scale items. To be used either for self-study or with an instructor. *21 min*

## **CHILD CARE: CURRICULUM**

**597 Adult-Child Interactions: Forming Partnerships With Children**  
 Part I: Strategies for supportive relationships between adults and young children. *19 min*  
 Part II: Eleven short classroom scenes demonstrating these strategies (without comment).

**96 Amusement Park for Birds**  
 Documents project from Reggio Emilia including the teaching process. *90 min*

**654 An Idea Blossoms: Integrated Curriculum**  
 Planning techniques and roles of teacher and child in an integrated curriculum. *30 min*

**131 Children's Journey: Investigation the Fire Truck**  
 Project approach. Experiences of a group of young investigators. Companion book, "Young Investigators." *45 min*

**105 Classroom With Blocks**  
 Importance of block play and how it changes as the child develops. *10 min*

**167 Computer Learning for Young Children**  
 Discusses how to integrate computers with other educational activities. *13 min*

**596 Foundations – The Value of Unit Block Play**  
 Prime unstructured material which permit children to play and create. *30 min*

**059 Guidance & Discipline: Curriculum**  
 Presents developmentally appropriate curriculum and its impact on the behavior and learning of young children. *35 min*

**168 High/Scope Curriculum: The Daily Routine**  
 Rationale for the preschool's daily routines (opening circle, outside time, planning "free play," structured time, etc.) *17 min*

**DVD 443 I Am Clay**  
 Power of natural clay in early childhood development. *30 min*

**116 Learning Materials Workshop Blocks: Constructing Knowledge**  
 Depicts Reggio Emilia theory and practice. *20 min*

**163 Music Across the Curriculum with Dr. Thomas Moore**  
 Importance of music in a child's total development (bonding, self-esteem, and specific skills). *17 min*

**178 Plan-Do-Review Process**  
 How to use High/Scope curriculum in preschool, child care, and special needs settings. *20 min*

**653 Play: The Seed of Learning**  
 Role of play in the classroom. *30 min*

**DVD 459 Sand & Water**  
 Play experiences with sand and water.

**DVD 444 Second Home**  
 Day in the life of an early childhood program. *84 min*

**031 Setting Sail: An Emergent Curriculum Project**  
 Child-centered curriculum in action. *19 min*

**177 Small Group Time: Counting with Bears**  
 Strategies for the beginning, middle, and end of small group time. *17 min*

**175 Small Group Time: Representing with Sticks & Balls**  
 How to listen to children and elaborate on their ideas at small group time. *14 min*

**176 Small Group Time: Working With Staplers**  
 Child management issues. *12 min*

**170 Supporting Children's Active Learning**  
 Three major strategies that promote active learning in diverse settings. *13 min*

**070 Thinking Big: Extending Emergent Curriculum Projects**  
 Themes emerge in children's play. Teachers extend these into in-depth projects. *26 min*

**Tools for Teaching Developmentally Appropriate Practice Series**  
 Teaches key concepts of NAEYC'S Developmentally Appropriate Practices in Early Childhood Programs. *30-80 min*

**190 Introduction**  
**191-193: Principles of child development and learning**

## **CHILD CARE: ENVIRONMENTS**

**036 Child Care Worker Series: Discipline and the Physical Environment**  
 How appropriate room arrangement facilitates guidance. Children at play in a classroom arranged three different ways. *25 min*

**594 Children Come First**  
 Importance of creating an environment which meets children's needs. *13 min*

**162 Environments for Young Children: Discussion with E. Jones & E. Prescott**  
 How to set up the child care environment to support program goals. *18 min*

**425 Great Place for Children**  
 Presents a variety of environments that work for children. *45 min*

**060 Guidance & Discipline: Learning Environment**  
 How to structure child care environments & organize the schedule to reduce conflicts & guide young children to develop self-confidence and self-help skills. *36 min*

**108 Outdoor Play – A Motivating Force for Learning**  
 How children playing outdoors learn concepts and body control as they use objects, interact with others, and explore space. *17 min*

**086 Places & Spaces: Learning Environments for Young Children**  
 Successful outdoor & classroom environments for children. *29 min*

**652 Places to Grow: The Learning Environment**  
 Importance of the classroom environment - room arrangement, scheduling, materials and equipment. *30 min*

**074 Room Arrangement as a Teaching Strategy**  
 Use of space and creation of separate "atmospheres" to encourage quiet vs. active play. Spanish version available. *15 min*

**595 Roomscales - Room for Children**  
 Tips for dividing your room into different activity areas. *17 min*

**110 Setting Up a Room – Creating an Environment for Learning**  
 Steps in designing space for activities for a new kindergarten classroom. *27 min*

**174 Setting Up the Learning Environment**  
 How the physical setting plays an important role in early childhood care. *20 min*

## **CHILD CARE: INCLUSION**

**600 ABCs of Inclusive Child Care**  
 Children with disabilities included in child care center settings. How children & staff learn benefits of inclusive care. *14 min*

**831 Bittersweet Waltz**  
 Mother's film of son in full-inclusion. Good "how-to" for elementary level. Examples of curriculum adaptation and pre-teaching methods. *17 min*

**DVD 470 Call for Inclusion**  
 Guide to developmental milestones, red flags, early intervention and inclusion. Original in Somali.

**Child Care & Children with Special Needs**  
**V-880 Part 1: Inclusion Works**  
 Making inclusion work in conventional settings. *22 min*  
**V-881 Part 2: Working Together to Include Everyone**  
 Families, programs, & special service providers working together. Purpose of IFSP & IEP. *30 min*

**869 Developing Together, Coping & Planning Together**  
 Presents different types of special needs and the importance of including special needs children in regular child care. *62 min*

**822 Educating Peter**  
 Experiences & attitudes of teachers & students change toward a child with Down Syndrome in third grade. *40 min*

**883 Inclusion: Focus on Toddlers & Pre-K**  
 Adults model how to offer support and guidance, reduce barriers to include children with a range of special needs. *30 min*

**806 Just a Kid Like Me**  
 2-6 year old children with special needs included in different types of child care settings *28 min*

**753 Just A Little Extra**  
 Describes child care environments that nurture and encourage children with disabilities and are supportive to their families. *15 min*

## 769 Just Kids

Explores myths. How to help substance-exposed children in preschool. Spanish version available. *29 min*

## 771 Mainstreaming in Child Care Settings

How to plan play spaces and play activities to enhance children's development. *25 min*

## 872 Moving Together, Growing Together

Ways to enhance motor development of toddlers and children. *39 min*

## DVD 461 Resources for Including Children with Special Needs in Child Care.

## 870 Talking Together, Reading & Writing Together

Speech development, language delays, & ways to support language development in all children. *50 min*

## 772 Yes, You Can!

Fears & myths of caring for infants & toddlers with disabilities in family child care homes. *16 min*

## 762 Young & Special: #1 Not in My Class

History, theory and concerns of the early years of mainstreaming. *45 min*

## CHILD CARE: INFANT/TODDLER

### DVD 004 California Infant/Toddler Learning & Development Foundations

Disc 1: Introduction & commentary; social emotional development; language development. Closed captioned. *2 hrs, 41 min*  
Disc 2: Cognitive Development; perceptual & motor development. *1 hr, 37 min*  
Disc 3: Birth to four months; expanded scenes. Closed captioned. *48 min*

### DVD 005 California Infant/Toddler Learning & Development Program Guidelines

Aim is to help integrate guidelines into practice.  
Disc 1: Providing family-oriented programs; relationship-based care; ensuring health & safety; creating & maintaining environments. Closed captioned. *1 hr, 47 min*  
Disc 2: Implementing an infant/toddler curriculum process; teacher development. Closed captioned. *1 hr, 44 min*

## 113 Creating Successful Transitions: Infancy to Preschool

Managing changes & passages (can be stressful for young children) from one place/activity to another. *19 min*

## 166 Designing Daycare with Options

Describes ideal child care environment for infants & toddlers, including design ideas & appropriate toys for each stage of development. *22 min*

## 161 Developmentally Appropriate

Practice: Curriculum, Role of Teacher. Needs of newborns/toddlers; play appropriate to each age. *30 min*

## 094 El Futuro Está en Nuestras Manos

Establishing a family child care program. Spanish version only. *25 min*

## 149 Essential Connections: Ten Keys to Culturally Sensitive Child Care

Principles of developmentally appropriate, culturally competent care. Spanish & Chinese versions available. *50 min* and

## 153 Talking Points for Essential Connections *73 min*

## 141 Flexible, Fearful, or Feisty: Different Temperaments of Infants/Toddlers

Describes the variety of in-born temperaments and offers techniques for nurturing each type of child. Spanish and Chinese versions available. *30 min*

## 142 Getting in Tune: Creating Nurturing Relationships with Infants/Toddlers

Describes how to respond to infants/toddlers so that love, respect, and trust are instilled and security/self-esteem develop. Spanish and Chinese versions available. *24 min*

## 043 High/Scope Approach for Under Threes

Caregivers interacting with infants and toddlers to support and extend their active learning. Filmed in the UK. *67 min*

## 183-188 Let Babies Be Babies Series.

See under Family Child Care.

## 155 Next Step: Including the Infant in the Curriculum *22 min*

## 143 Respectfully Yours – Magda Gerber’s Approach to Professional Child Care

Magda Gerber’s philosophy. Importance of communication between caregiver & parent. Spanish & Chinese versions available. *58 min*

## 136 See How They Move

Shows infants 5-20 months developing skills when ready and how “help” leads to child’s passivity and deters development of motor skills. *28 min*

## 144 Space to Grow – Creating a Child Care Environment for Infants & Toddlers

How to set up a child care environment: safety, health, comfort, convenience, children’s ages, etc. Spanish & Chinese versions available. *22 min*

## 114 To Those Who Care for Infants and Toddlers

How children learn and grow, and how caregivers can effectively interact. *10 min*

## 091 Toddler Curriculum: Making Connections

How to incorporate a wide variety of play activities into the curriculum to enhance physical, emotional, social and mental development. *20 min*

## 147 Together In Care: Meeting the Intimacy Needs of Infants & Toddlers

How caregivers can bond with babies and best facilitate their emotional development. Spanish and Chinese versions available. *30 min*

## 065 Video Observations for Infant/Toddler Environment Rating Scale

Vignettes to practice various rating scale items. *24 min*

## CHILD CARE: IN-HOME/EXEMPT

## 125 Babysitting the Responsible Way

Offers basic preparation for responsible babysitters: emergency responses, schedules, handling behavior problems. *30 min*

## 189 Making It Work! When a Relative Cares for Your Child

Overview of various types of care: tips on health and safety, and communication issues. Spanish version available. *17 min*

## 129 The Nanny Training Program

Includes video, employer manual, computer disk for planning, and in-home caregiver training manual. Oversized. *50 min*

## Place of Our Own

Training series for home-based child care providers, both license-exempt and licensed. Spanish versions available. *30 min. each*

### 658-A Print Rich Environment

### 658-B Importance of Storytime

### 659-A Conflict Resolution

### 659-B Managing Aggressive Behavior

### 660-A Superhero Play

### 660-B Power of Play

### 661 Learning Through Everyday Activities

### 662 Importance of Outdoor Play

### 663 Math Activities

### 664 Science Activities

### 665 Cooking as a Learning Activity

### DVD457 Language Activities

## CHILD CARE: PARENT/PROVIDER RELATIONSHIPS

### 030 Close Look at Relationship-Centered Child Care

Develop positive relationships between children, families, and caregivers. *14 min*

### 656 Cultivating Roots: Partnership with Families

Ways to foster partnerships between families and schools. *22 min*

### 590 Learning & Growing Together With Families

How to build strong, collaborative relationships with families and colleagues. *22 min*

### 164 Partnerships with Parents

Importance of parents and teachers working closely together to maintain good communication and handle problems. *28 min*

### 083 Promises: Communicating With Parents

Unique relationship of parent to child can be recognized & supported by concerned caregivers. *30 min*

### 150 Protective Urges: Working with the Feelings of Parents & Caregivers

An awareness of the power of our protective urges can help caregivers and parents work together. Spanish and Chinese versions available. *27 min* and

### 152 Talking Points for Protective Urges *30 min*

## CHILD CARE: POLICY

### 151 In Our Hands

Harmful effects of poor quality child care. Identifies important societal steps needed to improve infant care. *12 min*

### 160 Lessons that Last

What makes a quality early childhood program. *10 min*

### 618 Making News, Making History: Worthy Wage Campaign Grows

Offers strategies for child care workers to achieve a fully-funded, equitable child care system. *15 min*



**138 Perspectives on Quality Child Care**  
Presents panel discussion on the rising demand for quality affordable child care, what it is and how to find it. *30 min*

**624 Salaries, Working Conditions and The Teacher Shortage**  
Marcy Whitebook and Jim Morin discuss issues contributing to the crisis in recruitment and retention of qualified staff. *17 min*

**619 What Every Child Needs**  
Complex economic issues that characterize the child care and education market. *30 min*

**628 Worthy Work, Worthless Wages**  
Seattle child care community's efforts to solve its staffing crisis. *15 min*

## **CHILD CARE: SCHOOLAGE**

**666 Building Bridges to Kindergarten: Transition Planning for Children**  
Community efforts to ease the transition to kindergarten and welcome families into the elementary school community. *15 min*

**502 Fun, Safe Field Trips for Schoolage Children**  
Concrete, specific steps to planning a safe, fun field trip. *14 min*

**073 Kids' Time: Planning Schoolage Care Activities**  
How to enrich a school-age care program in four easy steps: assessment, planning, implementation, and evaluation. Spanish version available. *27 min*

**562 Who Says You Can't?**  
How to create quality in school-age care. *27 min*

## **CHILD CARE: STAFF**

**180 All the Way with the Mentor Program**  
Describes Mentor Teacher Program. Spanish version available. *25 min*

**171 Building Quality Child Care: Relationships**  
How child care workers bond with each child and family. Importance of doing so. *15 min*

**625 Career Encounters: Early Childhood Education**  
Interviews teachers and directors who work in various child care settings. *28 min*

**601 Celebrating Early Childhood Teachers**  
Skills, training, personality traits of teachers. History and current status of child care; goals for the future of child care. *22 min*

**062 Men: Caring for Young Children**  
Men as early childhood teachers in a variety of educational environments. *31 min*

**DVD 467 Recruiting & Retaining Men in Early Childhood Education**  
Best practices for recruitment & retention, & the significance of men in young children's lives.

**035 Reflective Supervision: A Relationship for Learning**  
Unscripted role play illustrating characteristics, function, & value of reflective supervision. *Oversized, 60 min*

**657 Seeds of Change: Leadership and Staff Development**  
Ways to encourage professional development of teachers & other staff. How to advocate for change. *30 min*

**DVD 468 This Emotional Life: In Search of Ourselves...And Happiness**  
Stories of everyday people on their paths to mental and emotional wellness. *6 hr on 3 disks*

**182 Voices From the Field: California Early Childhood Mentor Institute**  
Information on how the Mentor Teacher Program works in California. *12 min*

## **CHILD DEVELOPMENT**

**299 Ages & Stages Questionnaires on a Home Visit**  
Demonstrates how to use ASQ questionnaires during a home visit. Questionnaires in English and Spanish. *22 min*

**201 All About Anger**  
Teaches basic concepts about anger and demonstrates constructive techniques to help children. Spanish version available. *15 min*

**288 Birth Order and Its Effects**  
Common characteristics of each birth order position and how those characteristics affect personality development. *17 min*

**655 Charting Growth: Assessment**  
Strategies for assessing children's development and learning. *30 min*

**223 Child Development from Birth to Five**  
Offers basic information. Spanish version available. *30 min*

**051 Child's Play: The World of Learning**  
Everyday play activities, at home and at school, help children gain skills and knowledge. Spanish version available. *30 min*

**Childhood Series**  
Childhood in many cultures. *60 min each*

- 216 Great Expectations** - prenatal
- 217 Louder Than Words** - birth
- 218 Love's Labor** - 6 mo. to 3 years
- 219 In Land of the Giants** - 3 to 5 yrs
- 220 Life's Lessons** - 5 to 7 years
- 221 Among Equals** - 6 to 12 years
- 222 House of Tomorrow** - adolescence

**226 Children Learn as They Play**  
Significance of play in physical, social, and intellectual development. Ways adults can support playful learning. *12 min*

**Children Plus: Self Esteem Series**  
Training series for developing self-esteem in young children. *20 min each*

- 235 What Is This Thing Called Self-Esteem?**  
Part I. Overview
- 236 What Is This Thing Called Self-Esteem?**  
Part II. Overview
- 228 Infancy - The Beginning**
- 229 Enter Toddling**
- 230 Terrific Twos**
- 231 Threes on the Threshold**
- 232 Fun to be Four**
- 233 Now I'm Five**

**255 Developing Child 19: Preschoolers, Physical & Cognitive Development**  
Stages of preoperational thought. Adults facilitate a child's learning by providing materials and a supportive environment. *28 min*

**256 Developing Child 20: Preschoolers, Social & Emotional Development**  
Stages of development of strong emotions and fears, especially about separating from parents and developing friendships. *28 min*

**257 Developing Child 21: Play**  
Play as an essential medium for learning/developing. Adult's role in providing a conducive environment. *28 min*

**100 Development of the Human Brain**  
Physiological development of the brain from conception to birth. Follows the development of the child to the age of eight. *40 min*

**280 Don't Pop Your Cork on Mondays!**  
Animated discussion for elementary children about stress survival skills. Group viewing with adult facilitated discussion. *12 min*

**205 From Crib to Classroom**  
All parents can help their children learn the skills that they need to succeed. *12 min*

**213 How Young Children Learn to Think**  
How children learn to think logically and acquire knowledge. How teachers can help rote learning become real thinking. *20 min*

**504 Importance of Play**  
Outlines the purposes of play and how crucial play is to a child's development. *12 min*

**044 Kindergarten Here I Come!**  
A positive, realistic vision of Kindergarten to boost confidence and build enthusiasm. Spanish version available. *18 min*

**173 Listening to Children**  
How children learn the values that guide them through life's challenges. *90 min*

**284 Moral Development**  
Psychoanalytic, social learning and cognitive development theories present quite different views of moral development. *31 min*

**532 Oh Baby!**  
Uses Gus the English Bulldog to tell the story of bringing a new baby home. *30 min*

**Parents Guide to Temperament Series**  
Information on different combinations of temperament in children. *15 min each*

- 555 Intro: Knowing Your Child**
- 556 Understand Your Sensitive & Withdrawn Child**
- 557 Understand Your Active, Slow Adapting Child**
- 558 Understand Your Intense, Slow Adapting Child**

**505 Peer Relationships**  
Ways in which children influence one another. Describes how relationships change depending on age & stage of development. *31 min*

**598 Power of Play**  
Observe children, infants through school age, growing and learning through play. *38 min*

**115 Promoting Social Emotional Competence**  
Ways to promote young children's social and emotional development and prevent challenging behaviors.

#### **Raising America's Children Series**

Young children's developmental issues & the adult's role in fostering positive development. *30 min each*

- 237 The Nurturing Community**
- 238 A Secure Beginning**
- 239 Relating to Others**
- 240 Playing & Learning**
- 241 Listening & Talking**
- 242 Meeting Special Needs**
- 243 Thinking & Creativity**
- 244 Healthful Habits**
- 245 Coping with Stress**
- 246 A Sense of Self**

**599 Raising Cain**  
Exploring inner lives of America's boys. *120 min*

**523 Role of Play**  
Functions of different types of play. The social character of play & gender differences. *22 min*

**285 Self Identity & Sex Role Development**  
How children learn what is considered appropriate behavior for boys and girls based on societal/familial expectations. *33 min*

**564 Study of the Child**  
Puts the study of child development in historical perspective. *28 min*

**567 Theories of Development**  
Discusses various theories of child development & places them in their historical context. *27 min*

**533 Those Baby Blues**  
Offers help for children going through the roller coaster of emotions they might feel when a sibling is born. *30 min*

**052 Time Together: Learning to Play With Young Children**  
Helps adults understand their role in play and shows how to support this natural process of learning. Spanish version available. *30 min*

**529 When They Never, Ever Listen**  
Five case studies of families who are coping with a difficult child. *17 min*

**225 Years 3-5: What Lily Learned**  
Ages and stages; communication, and discipline from a new mother's perspective. Spanish version available. *13 min*

### **CHILD DEVELOPMENT IN A GROUP SETTING**

**127 Developmentally Appropriate Practices: Children Birth - Five**  
Age-appropriate behaviors. Best ways to nurture healthy development. *30 min*

**140 First Moves: Welcoming a Child to a New Caregiving Setting**  
Shows child entering child care for the first time and the best ways for parents and providers to help. Spanish and Chinese versions available. *30 min*

**128 Floor Time: Tuning In to Each Child**  
Philosophy and process for fostering children's emotional development, vital for social and intellectual development. *35 min*

**098 Growing Through Play: Cognitive and Social Development**  
Critical role of play in how children learn in a rich environment of toys, activities, open space for optimum creativity. *26 min*

**Hand-in-Hand Series**  
Working with children of various temperaments in a group setting. *30 min each*

- 292 When a Child Doesn't Play** (Overview)
- 293 Child Who Wanders**
- 294 Child Who Dabbles**
- 295 Child Who Appears Anxious**
- 296 Child Who Appears Aloof**
- 297 Child Who Is Ignored**
- 298 Child Who Is Rejected**

**651 Nurturing Growth: Child Growth & Development**  
How ECE programs support the development of the whole child. *30 min*

**DVD 461 Observation**  
Techniques for observing, recording and interpreting. *37 min*

**088 Observing Young Children: Learning to Look, Learning to Listen**  
How to do specific observation-related tasks as part of their daily work. Uses a variety of actual situations. *28 min*

**Promises Series**  
Discusses how to enhance positive child development and work with children at different developmental levels. *30 min each*

- 079 Child Development, Part I**
- 080 Child Development, Part II**
- 081 Play and Readiness**
- 082 Behavior & Discipline**
- 084 Quality Child Care: Independence**
- 085 Quality Child Care: Relationships**

**139 Roughhousing**  
Purpose and value of rough and tumble play for all-age children. Suggests how to keep it a positive and fun experience. *30 min*

**077 Watching Children in Action: An Opportunity for Discussion**  
13 unstaged episodes used to train providers in observing children. *43 min*

**Whole Child Series**  
Training course in the developmental education and care of children from birth to five. Spanish versions available. *30 min each*

- 014 It's the Little Things** Significance of plans and schedules
- 015 By Leaps and Bounds** Children's physical development
- 016 Babies Are Children, Too**
- 017 Dealing With Feelings**
- 018 I'm Glad I'm Me**

- 019 Listening to Families**
- 020 Everybody's Special**
- 021 Getting Along Together**
- 022 Building Inner Controls**
- 023 Respecting Diversity**
- 024 Creativity and Play**
- 025 Let's Talk About It**
- 026 Growing Minds**

### **CHILD DEVELOPMENT: INFANT/TODDLER**

**Age-appropriate Play Series**  
How to stimulate skills development through age-appropriate games, toys and activities.

- DVD 450 First 12 Months** *25 min*
- DVD 451 12 to 24 Months** *17 min*
- DVD 452 2 to 3 Years** *16 min*

**146 Ages of Infancy**  
Capabilities of the infant in three stages of development: young, mobile, older. Spanish and Chinese versions available. *26 min*

**291 Amazing Babies: Moving in the First Year**  
Enhances observation skills and understanding of the natural progression of development, preverbal communication and play interactions. *47 min*

**566 Begin with Love**  
Focuses on the parent/infant relationship during the first three months. *30 min*

**510 Best for My Baby**  
Supports low-income families in providing learning experiences, good care, and doing "the right thing" for their children. *30 min*

**229 Children Plus: Enter Toddling**  
See Children Plus Series under [Child Development](#).

**228 Children Plus: Infancy - The Beginning**  
See Children Plus Series under [Child Development](#).

**230 Children Plus: Terrific Twos**  
See Children Plus Series under [Child Development](#).

**534 Comforting Your Crying Baby**  
Techniques to help caregivers handle a crying infant. *16 min*

**Developing Child Series**  
Each tape discusses a significant feature of development.

- 570 Developing Child 5: Heredity & the Environment, Blueprints for a Baby** *28 min*
- 247 Developing Child 9: Infancy: Landmarks of Development Overview** *22 min*
- 248 Developing Child 10: Infancy: Beginnings in Cognition & Language** *29 min*
- 249 Developing Child 11: Infancy: Early Relationships** *18 min*
- 250 Developing Child 12: Infancy: Self & Social World** *15 min*
- 252 Developing Child 14: Child in the Family** *37 min*
- 253 Developing Child 17: Toddlerhood, Physical & Cognitive Development** *26 min*
- 254 Developing Child 18: Toddlerhood, Emotional Development** *27 min*

Additional Developing Child under [Child Development](#) and [Language Development](#)

- DVD 441 Developing Child: Go To Bed! Kids and Sleep**  
How parents can help children become 'good sleepers.' 21 min
- DVD 440 Developing Child: Shaping Youngest Minds**  
The science of babies' brains & the best ways to nurture young minds. 24 min
- 148 Discoveries of Infancy: Cognitive Development and Learning**  
Milestones of infant cognitive development for teachers and parents. Spanish and Chinese versions available. 32 min
- DVD 429 Dunstan Baby Language**  
How to interpret a baby's needs through their sounds and cries. *Oversized*.
- Early Childhood Parenting Center Series**  
Issues of infant/toddler behavior. Developed from warmline calls.
- DVD 430 Infant/Toddler Sleep Disruptions/ Separation**
- DVD 431 Biting, Head Banging & Rocking**
- DVD 432 Choosing a Pediatrician Preparing Your Child for the Hospital**
- DVD 433 Toilet Training Problem Eaters**
- DVD 434 New Baby, Security Blanket**
- DVD 435 Temper Tantrums Sibling Rivalry**
- 207 Exploring First Feelings**  
Uses actual footage of parents and caregivers to illustrate milestones in the emotional development of infants and toddlers. 21 min
- 512 Families Talk About ... Bonding With Your Baby**  
Talks with four families with new babies about bonding, how and when it develops, and why it is so important. 16 min
- First 365 Days Series**  
Discusses infant development month by month. 20 - 30 min each
- 259 The Newborn**
- 260 The Baby at One Month**
- 261 The Baby at Two Months**
- 262 The Baby at Three Months**
- 263 The Baby at Four Months**
- 264 The Baby at Five Months**
- 265 The Baby at Six Months**
- 266 The Baby at Seven Months**
- 267 The Baby at Eight Months**
- 268 The Baby at Nine Months**
- 269 The Baby at Ten Months**
- 270 The Baby at Eleven Months**
- 271 The Baby Is A Year Old**
- 286 First Person: Impressions of Being a Baby**  
Development through the first few years of life. Spanish version available. 30 min
- 224 First Two Years: What Lily Learned**  
How to safety proof a home, what to do when a baby cries, is hungry, and/or is wet. Spanish version available. 13 min
- 304 Food For Thought**  
Effects of reading to infants and toddlers on early brain development. 14 min
- 508 Good Night's Sleep**  
Specific routines and consistency will solve sleeping difficulties in three nights. Spanish version available. 15 min
- 376 Happiest Baby on the Block**  
How to calm any new baby's cries. 72 min
- DVD 438 Happiest Toddler on the Block**  
Stop tantrums and raise a happy, secure child. 69 min
- 535 Helping Your Baby Stay Happy**  
Explains how critical loving attention is for baby's happiness and that infants can't be spoiled by too much attention. 16 min
- 289 I Am Your Child: The First Years Last Forever**  
Brain research & how it applies to lifelong healthy development. Spanish version available. 29 min
- 290 Infant Motor Development: A Look at the Phases**  
Four phases of skill acquisition from birth to twelve months: infantile, preparation, modification, refinement. 20 min
- 589 It Feels Good to Help Your Baby Learn!**  
Early brain development, touch, making connections with your baby. 14 min
- Keys to Caregiving Series**  
Training series for those who work with new parents.
- 644 Infant State** 33 min
- 645 Infant Behavior** 50 min
- 646 Infant Cues** 42 min
- 647 State Modulation** 39 min
- 648 Feeding Interaction** 62 min
- 649 Nurse-Parent Communication** 55 min
- DVD 442 Leaning Happens**  
Babies and toddlers learning school readiness skills through everyday interactions. 60 min
- 208 Miracle of Life, The**  
Biological aspects of growth showing the development of a human infant from conception through birth. Actual birth shown. 60 min
- Psychological Development of the Child Series**  
Milestones of psychological development and how they are handled differently in various cultures. 20-28 min each
- 272 Before and After Birth: Overview**
- 273 Psychological Development Before Birth**
- 274 Process of Birth**
- 275 How Relationships are Formed: First three months**
- 276 Mothers, Fathers, and Babies**
- 277 Developing the Sense of Family: Infant at six months**
- 278 Discovering the Outside World**
- 279 Development of Self**
- 238 Raising America's Children: A Secure Beginning**  
See Raising America's Children Series under [Child Development](#).
- 214 Seeing Infants with New Eyes**  
Magda Gerber describes how infants develop at their own pace, given love, conversation, good equipment. 26 min
- 428 Simple Gift: Comforting Your Baby**  
Uses attachment theory and research to focus on ways adults may respond to infants' cries. 10 min
- 427 Simple Gift: Helping Young Children Cope with Emotions**  
How to help young children understand their difficult feelings and express these feelings in socially acceptable ways. 17 min
- 582 Sleep Like a Baby**  
Resolve sleep issues with your baby and develop a plan that's best for your family. 30 min
- DVD 449 Sleepeasy Solution for Crib Sleepers**  
Step-by-step guide to solving nap and nighttime sleep problems. 97 min
- 617 Start Now**  
Research on brain development emphasizes importance of first 3 years. Spanish on same tape.
- Teen Parent Series**  
Presents communication and observation skills for teen mothers who themselves have had less than optimal parenting. *Oversized*. 15 min each
- 552 Listen to Your Baby**
- 553 Love is Layers of Sharing**
- 592 Ten Things Every Child Needs**  
How our earliest interactions influence a child's brain development. 60 min
- 508 Terrific Two's**  
Characteristics of 2-year olds. Help them discover that they can do things themselves and learn self-control. Spanish version available. 15 min
- 615 Toddler Behavior & Development: At Home with Parents**  
Typical toddler behavior and responses during daily routines and activities. 30 min
- 616 Toddler Behavior & Development: In Center and Family Care Settings**  
Shows adults supporting toddlers at all stages of development. 30 min
- 565 Toddler Takes: Toddlers at Play**  
Shows toddlers problem-solving, negotiating and arguing. No adults. 25 min
- Touchpoints Series with Dr. Brazelton**  
How and why children develop the way they do. 50 min each
- 517 Pregnancy, Birth & First 4 Weeks of Life**
- 518 First Month through First Year**
- 519 One Year Through Toddlerhood**
- What Every Baby Knows Series**  
Discussions with Dr. T. Berry Brazelton.
- 210 The New Born, The Infant, The Toddler** 30 min per age
- 211 Working Parent, Daycare, Separation** 60 min
- 212 On Being a Father** 24 min
- What is Normal? Series**  
Normal stages of development in infants and toddlers. Spanish version only.
- 281 Nacimiento a 6 Meses** 16 min
- 282 6 a 12 Meses** 11 min
- 283 12 a 24 Meses** 13 min



**287 Your Baby and You: Understanding Your Baby's Behavior**

Empowers parents of premature infants by showing baby as a competent communicator who uses behavior to express needs and interests. Spanish version available. *25 min*

**209 Your Newborn Baby: Everything You Need to Know**

Various topics including choosing your doctor, prenatal care, delivery, initial baby care, eating, crying, sleeping. *60 min*

**CHOOSING CHILD CARE**

**103 Child Care Choices**

Describes child care centers and gives information on how to look for care. Spanish version on same tape. *14 min*

**072 Choosing Quality Childcare**

How to select appropriate child care. Spanish version available. *30 min*

**251 Developing Child 13: Early Child Care and Education**

Discusses choosing child care. *36 min*

**179 Finding Quality Childcare**

Steps in evaluating child care programs from parents and experts. *45 min*

**130 For My Child's Sake**

Choosing licensed-exempt and in-home child care. Spanish version available. *21 min*

**089 I Am Your Child: Quality Child Care, Making the Right Choice**

Choosing Child Care. Spanish version available. *27 min*

**097 In Your Child's Best Interest**

Child care which meets your child's needs. *28 min*

**068 My Kind of Place: Identifying Quality Child Care for Infants and Toddlers**

Issues faced by parents in searching for high-quality child care. *24 min*

**237 Raising America's Children: The Nurturing Community**

See Raising America's Children Series under [Child Development](#).

**102 Safe and Sound: Choosing Quality Child Care**

Information parents need to make informed choices about appropriate child care. *60 min*

**075 Selecting Child Care for Your Baby**

Offers a step-by-step process of choosing child care. Includes a detailed checklist. Spanish version available. *20 min*

**087 Selecting Day Care for Your Child**

In-home care, nannies, family homes, centers and costs, safety and health issues. Spanish version available. *70 min*

**092 Who's Minding the Kids? A Parents Guide to Quality Child Care**

Tips for parents on choosing quality child care. How to develop positive parent/provider relationships. *50 min*

**DISCIPLINE**

**516 Discipline: What Lily Learned**

How to reinforce good behavior and not reward bad behavior. Spanish version available. *30 min*

**577 Disciplining Kids - Without Screaming and Scolding**

Portrays destructive methods followed by alternatives. *20 min*

**514 Families Talk About . . . Wise Words on Discipline**

Visits six inner-city families who talk about raising children to respect others and know right from wrong; offers alternatives to spanking. *18 min*

**538 From No to Yes**

Specific positive discipline strategies as a child becomes independent, learns to make choices and understands limits; includes using time outs and praise. Spanish version available. *12 min*

**547 Importance of Establishing Boundaries and Setting Limits for Young Children**

Ruth Pearce, founder of the Assn. of Child Development Specialists. *60 min*

**536 Negative Behavior, Positive Discipline**

Shows how to use positive discipline and logical consequences. *25 min*

**559 Parent or Pushover**

Shows how family and kids benefit from clear limits. *13 min*

**575 Parenting: Discipline - Managing Misbehavior**

Types of misbehavior and methods for handling them. Observe punishment options: overcorrection, privilege removal, add-on tasks, time-out and spanking *20 min*

**515 Parenting Preschoolers**

Discussion of sibling rivalry, temper tantrums, public behavior, self-esteem, toy management, bedtime. *58 min*

**530 Rethink Method: Anger Management for Parents**

Discusses the rethink method in various situations that can trigger a parent's angry responses. *Oversized, 25 min*

**551 Setting Limits with Children: A Talk by Patty Wipfler**

Approach which places the parent and child at the center of the limit-setting process. *60 min*

**215 Shaking, Hitting, Spanking: What To Do Instead**

Presents effective alternatives to spanking children at different age levels; makes clear the harm done by spanking. Spanish version available. *30 min*

**593 S.O.L.V.E Parenting Problems, The Toddler Years**

Step-by-step tools to help parents handle toddler misbehavior. *40 min*

**581 Spanking Controversy**

Parents discuss their beliefs about spanking. Child development specialist explains the long term effects. *17 min*

**574 Stop Struggling With Your Child**

Techniques to encourage children to solve problems, negotiate, think & act responsibly. *30 min*

**420 Toddler and Preschool Years**

Positive discipline techniques to guide children into better behavior. *28 min*

**549 What To Do When? Managing Normal Defiance and Aggression in Young Child**

Parents help children channel aggressive impulses constructively. *47 min*

**588 What To Do With the Mad That You Feel?**

Children learn anger management and self control. *16 min segments*

**587 Yelling, Threatening and Putting Down: What to Do Instead**

Why it is ineffective to yell, threaten, or put down. Techniques that are free of anger & threats. *35 min*

**DISCIPLINE IN A GROUP SETTING**

**561 Bully Breath**

Specific action for children to take when confronted with a bully. *18 min*

**106 Discipline: Guidance Techniques for Young Children**

Presents the "how to's" of a positive learning environment which fosters children's self discipline. *28 min*

**061 Guidance and Discipline: Teacher/Child Interaction**

Positive problem-solving techniques for children to become more self-disciplined and enhance their self esteem. *35 min*

**126 Let's Get Real**

Addresses name-calling and bullying in middle and high school. *35 min*

**330 Managing Children's Behavior**

Typical childhood behaviors and alternative ways to deal with them. Part of a family child care training. *12 min*

**082 Promises: Behavior & Discipline**

See Promises Series under [Child Development in a Group Setting](#).

**Reframing Discipline Series**

One teaching video and one practice video for each title in the series. Spanish version available. All *oversized, 25 min each*

**045-046 Reframing Discipline: Doing the Ground Work**

Common attitudes that hamper discipline efforts. How to turn conflict into teaching situations and integrate discipline into the curriculum.

**047-048 Reframing Discipline: Connecting with Every Child**

Ways to build trusting relationships, spend time on the positive, convey value and respect, communicate with children who are upset; how to acknowledge feelings.

**049-050 Reframing Discipline: Understanding Difficult Behavior**

What a child's behavior can tell us, underlying causes of misbehavior. How to consider a child's development in setting expectations.

**041 Supporting Children in Resolving Conflicts**

Six problem-solving steps to help children resolve conflicts successfully. 24 min

**748 Understanding and Managing Behavior of Young Children**

Causes of challenging behavior in young children. How to intervene effectively. Shows primarily special needs children. 53 min

**118-119 Very Practical Guide to Discipline with Young Children, Parts 1 and 2**

Grace Mitchell's discipline techniques. Four stage approach: hesitate, investigate, evaluate, communicate. 30 min each

**DIVERSITY**

**409 America's Civil Rights Movement**

History of the civil rights movement in Montgomery, Little Rock, Birmingham and Selma. Oversized. 38 min

**123 Anti-bias Curriculum**

Helps children, as young as two, accept differences of gender and race and develop a positive self-image. 30 min

**DVD 471 Babies**

Babies in four different cultures. 79 min

**604 Child Care in Three Cultures: Japan, China, Hawaii**

Shows the different approaches to early care and education in these countries.

**095 Culture and Education of Young Children with Carol Phillips**

How teachers can identify and support important cultural differences. 16 min

**413 Culture: What Is It?**

Culture is influenced by environment, natural resources, religion, language, & technology. 11 min

**412 Cultures: Similarities & Differences**

Info about different cultures for age 10-12. 27 min

**426 Daddy & Papa**

Explores gay fatherhood and its impact on American culture. 55 min

**057 Diversity and Communication**

Prepares teachers for today's diverse world by showing parents and child care providers views of communication conflicts. 34 min

**058 Diversity and Conflict Management**

Practical process for conflict management and resolution through role playing. 27 min

**055 Diversity, Independence, Individuality**

Focuses on diverse reactions and concerns (often culturally based) to scenes of children learning to be independent. 30 min

**056 Diversity: Contrasting Perspectives**

Gives example of how to respect those contrasting perspectives. 29 min

**042 Diversity: Reconciling Contradictions**

How to be culturally responsive and also be developmentally appropriate. 29 min

**011 Happy to Be Nappy**

Tales of special children who are empowered by their own uniqueness. 30 min

**414 It Takes Many Colors to Make a Rainbow**

Introduces an anti-bias, racial and cultural discrimination program. 11 min

**403 It's Elementary: Talking About Gay Issues in School**

Shows a class discussion addressing anti-gay prejudice and makes a powerful case for respecting ALL people. 1 hr, 17 min

**DVD 466 My People Are . . .**

Youth pride in mixed heritage. 21 min

**605 National Children's Castle**

Describes Children's Castle, Japan's child care center and information/resource center and its activities. 15 min

**417 Our House**

Exploration of what it means to grow up with gay or lesbian parents. 57 min

**626 Serving Biracial and Multiethnic Children and Their Families**

Unique identity development of biracial children and their families. 30 min

**410 Shadow of Hate**

American history of intolerance. Oversized. 40 min

**Sights and Sounds of Children Series**

Shows the nature, quality and effects of children's experiences prior to the first full year of formal schooling in various countries. Presents the variety of care/education settings available to families and documents the nature of children's experiences. Assesses how children's pre-primary experiences affect their development at age seven. 45 min ea

**629 United States**

**630 Spain**

**631 Slovenia**

**632 Greece**

**633 Hong Kong**

**634 Italy**

**635 Romania**

**636 Poland**

**637 Belgium**

**638 Finland**

**639 Nigeria**

**640 Indonesia**

**641 Thailand**

**642 South Korea**

**643 China**

**122 Start Seeing Diversity**

Guide to an anti-bias classroom. 52 min

**423 Starting Small**

Visits five early childhood programs in which teachers and children are building tolerant classroom communities. 58 min

**416 That's a Family**

Helps kids understand many of the different shapes that families take today. 35 min

**067 We All Belong: Multicultural Child Care that Works**

Australian center which has transformed diversity into a creative force to build an authentic, multicultural program. 26 min

**054 World in Claire's Classroom**

What a classroom of first and second graders can teach us about respecting diversity. 89 min

**FAMILY CHILD CARE**

**033 B.U.S.I.N.E.S.S. of Family Child Care**

Basics of family child care business. Spanish version available. 28 min

**109 Business of Family Child Care**

Record keeping, taxes, the Food Program, contracts, insurance. 25 min

**063 Caring and Learning**

Providers from different backgrounds providing high-quality care. Companion to "Creative Curriculum for Family Day Care." 23 min

**117 Here At Home: Perspectives on Becoming a Family Child Care Provider**

Information on opening a family child care home. 19 min

**169 High/Scope Curriculum: Implementation in Family Child Care Homes**

Teaching strategies, room arrangements, routines and small group time in three home-based child care settings. 19 min

**308 How to Start a Family Day Care**

Preparation, start-up, daily schedules, health and safety, elements of quality, accreditation, and recordkeeping. Spanish version available. 49 min

**Let Babies Be Babies Series**

Infant/toddler training for family child care providers.

**183 Guiding the Journey to Independence**

19 min

**184 Helping Babies Learn**

19 min

**185 Understanding the Partnership with Parents**

16 min

**186 Keeping Babies Healthy and Safe**

33 min

**187 Rethinking Infants and Toddlers**

18 min

**188 Caring for the Caregiver**

18 min

**099 Many Right Ways**

Designing your home child care environment. Spanish version available. 59 min

**034 Quality Family Child Care**

Issues and information about the profession of family child care.

**Spoonful of Lovin' Series**

Family Child Care Training. 30 min each

**112A Gourmet Guide to Family Home Day Care. Overview**

**112A From Birth to Three Years**

**112B Preschool and School-Age (3-5 & 6-12)**

**112B Recipe for Happy Children Room arrangement and daily activities**

**112C A Good Measure of Safety**

**064 Video Observations for Family Day Care Rating Scale**

Vignettes to practice scoring various rating scale items; designed for either self-instruction or with an instructor. 26 min

**137 What Is Family Day Care? Let's Plan**

Starting/maintaining a home child care; setting policies, establishing routines, keeping records, resources/support. 26 min



## Your Family Day Care Home Series

Training series for providers. *20 min each*

- 120A Child Development
- 120B Nutrition
- 121A Business Management
- 121B Health & Safety

## HEALTH & SAFETY

### 317 Baby Alive

Uses realistic issues and non-scare tactics to present safety prevention measures needed in home and child care centers. *60 min*

### 350 Baby Talk

Details caring for your newborn with Jean Smart (from "Designing Women") and her husband, Richard Gilliland. *60 min*

### 307 Baby-Safe Home, The

Specific examples of dangerous situations and how to baby-proof each room. *60 min*

### 339 Back to Sleep

Reduce the risk of sudden infant death syndrome (SIDS). Spanish version available. *1 min loop*

### 336 Before It's Too Late, Vaccinate

The best way to prevent diseases (measles, whooping cough, hepatitis B) is to vaccinate. Spanish version available. *14 min*

### 327 Child Safety

Auto and car seat safety; childproofing the home; safety outside the home; toy safety. *23 min*

### 363 Child Safety Outdoors

Car seat, playground, pool, tricycle, abduction safety and child CPR. Spanish version available. *25 min*

### 321 Don't Touch That Gun

Teaches children age 3 to 5 NEVER to touch a gun under any circumstances. *20 min*

### 337 E Hazards: They're Out There

Information about environmental health threats to kids: household products, second-hand smoke, pesticides, ultraviolet light, lead, contaminated water. *15 min*

### 368 Easing Back

What to do after a back injury to reduce your pain and ease back into your usual routine. Spanish version available. *21 min*

### 316 Emergency Preparedness

Emergency preparedness for earthquakes and other natural disasters. *15 min*

### DVD 465 Fire Safety

Fire Fighter Pete on fire safety.

### 370 Fresh Air for Little Noses

Smoke-free policies for preschools. *12 min*

### 318 Hooray for Handwashing

Stresses how to avoid the spread of disease and the importance of involving children in hand washing process. Oversized. *20 min*

### 325 Inmunizaciones: Que Aprendió Lily

The importance of immunizations. Spanish version only. *11 min*

### 352 Infant and Toddler First Aid, Vol I: Accidents

Common childhood accidents and childproofing; explains what to do when calling for help (signs and symptoms to report). *36 min*

### 312 Infant Health Care: A First Year Support Guide for New Parents

Dr. Brazelton offers concise infant care information regarding bathing, feeding, forming a family. *60 min*

### DVD 458 Keeping Children Safe from Injury

Injury prevention program. Power point presentation on same DVD in Spanish, Chinese, Vietnamese and more.

### 311 Lice

Describes myths and misinformation on lice: what they are, how they get on humans, and how to treat them. *12 min*

### 343 Mr. Baby Proofer

Hands-on how-to guide to childproofing the home. *30 min*

### 305 My Baby's Smoking?

Effects of secondhand smoke. Spanish version available. *21 min*

### 334 Newborn Care

Basic newborn care including close-ups of breastfeeding, bowel movements. *20 min*

### 329 On Fire: Family Guide to Fire Safety

Explains proper usage of fire safety equipment and shows how easy it is to develop your own family escape plan. *60 min*

### 531 Portrait of Promise: Preventing Shaken Baby Syndrome

Safety issues to consider during baby's first six months of life. *26 min*

### 244 Raising America's Children: Healthful Habits

See Raising America's Children Series under Child Development.

### 369 Right Call for Poison Help

Trains parents and providers to act quickly in suspected cases of poisoning. Spanish version available. *9 min*

### 342 Safety for All Employers

Information about safe material handling, back care, office safety, blood-borne pathogens. *90 min*

### 364 Sesame Street Lead Away!

Lead poisoning awareness and prevention. Also in Spanish. Oversized. *15 min*

### 346 Strengthening Wood Frame Homes for Earthquake Safety

Shows techniques for earthquake reinforcement on older, wood frame homes. *25 min*

### 354 There Comes a Time

Discusses when to take children to health care professionals including juggling work and children, taking days off. *12 min*

### 338 Toddler Safety: Lily Thinks

Increases awareness of home safety for toddlers. Spanish version available. *15 min*

### 301 The Trouble With Lead

How to reduce the risk of lead poisoning during renovation or remodeling. *27 min*

### DVD 464 Why Don't We Do It In Our Sleeves?

New coughing & sneezing techniques. Spanish & French on same DVD.

### 344 We're Talkin' Earthquake

Songs and children's art illustrate what happens and what to do about earthquakes. *20 min*

### 328 Your Healthy Baby

Helps children practice healthy habits of nutrition, exercise & regular preventative health care. *26 min*

## HEALTH & SAFETY IN A GROUP SETTING

### 335 Building A Safer Workplace, OSHA Bloodborne Pathogens Standard

Universal Standard for Bloodborne Pathogens and includes training package. Oversized. *45 min*

### 320 Building Quality Child Care: Health and Safety

Illustrates how to design & administer a child care center that assures good health & safety. *20 min*

### 355 Caring for Our Children, Part 1: Standards and You

Care of staff and general standards. *25 min*

### 356 Caring for Our Children, Part 2: Basic Caregiving

Shows ratios, planning activities, handwashing, diaper changing, discipline, parent involvement, daily log. *32 min*

### 357 Caring for Our Children, Part 3: Ready for Anything

Planning ahead for medical emergencies; prevention, safe water play, observing and reporting abuse and neglect. *27 min*

### 358 Caring for Our Children, Part 4: Setting Up for Healthy and Safe Care

Outside hazards, fencing, stairs, windows, evacuation plans, sufficient space, electrical safety, cribs, toy safety, poison, etc. *40 min*

### 359 Caring for Our Children, Part 5: Keeping It in Shape

Safety checklist of the environment, pest control, preventing spread of lice, first aid kit, water safety. *25 min*

### 360 Caring for Our Children, Part 6: Illness in Child Care

Parent communication: attendance policies, health checks, confidentiality, medications, illness notification. *27 min*

### Child Care: Outdoor Safety Series

Illustrates how to design outdoor play areas and establish safety rules for playgrounds and field trips *15-20 min each*

#### 300 Setting Up the Rules

#### 302 Kids on the Go

**345 Earthquake Preparedness: What Every Childcare Provider Should Know**

Preparation of child care environments (especially family child care) for working with children. Spanish & Chinese versions available. 21 min

**309 Family Child Care Health and Safety**

Tips on how to improve health and safety in family child care homes. 20 min

**349 Handwashing & Diapering**

Methods for handwashing and diapering that will help prevent the spread of infection in the child care setting. 13 min

**351 Infection Control in Child Care Settings**

How to reduce infections in child care. Spanish version available. 30 min

**145 It's Not Just Routine**

Information on feeding, napping, & diapering. How to make routines a time for nurturing & learning. Chinese and Spanish versions available. 24 min

**371 Keeping Kids Healthy**

How to prevent and manage the spread of communicable disease in child care settings. Spanish version available. 29 min

**310 Planning Safe Playgrounds**

Planning for proper supervision, age appropriate design, surfacing and equipment, surfacing maintenance. 13 min

**306 Prevent the Spread of Infection in Your Child Care Center**

Shows causes of disease and details guidelines for sanitation. 20 min

**326 Preventing Disease Transmission**

How infections occur, which diseases are of greatest concern, and how to prevent disease transmission. 19 min

**353 Safe Active Play**

Explores potential hazards inside and outdoors. Suggests short- and long-term safe play alternatives. 34 min

**313 Safe Care: System For Hazard Prevention In Child Care**

Explains (SAFE) for lessening hazards: Survey surroundings; analyze trouble spots; focus on prevention. 13 min

**112C Spoonful of Lovin': A Good Measure of Safety**

See Spoonful of Lovin' Series under [Family Child Care](#).

**323 Taking Charge: Coping with Disaster**

How to develop a comprehensive plan for managing psychological effects before, during and after emergencies. 29 min

**322 Taking Charge: Preparing for Disaster**

Assists child care providers develop a comprehensive plan for effective response to emergency situations. 29 min

**121 Your Family Day Care Home: Health & Safety**

See Your Family Day Care Home Series under [Family Child Care](#).

**LANGUAGE DEVELOPMENT & EARLY LITERACY**

**California Dept. of Education Series**

**132 Observing Preschoolers**

Looks at first and second language development in young children. 30 min

**133 Talking With Preschoolers**

Strategies for promoting first and second language development in young children. 30 min

**258 Developing Child 22: Language Development**

Explains how learning language helps children reason, think, communicate feelings and needs, and relate to others. 32 min

**053 Developing the Young Bilingual Learner**

Importance of supporting children's home language while helping them learn English. Gives strategies for helping young children become bilingual learners. 21 min

**206 Early Book Stages**

Developmental stages of children learning how to use books; demonstrates how to read to children beyond just words. 24 min

**568 Early Literacy**

Importance of talking & reading to your baby. Incorporate literacy into everyday activities. 24 min

**010 Early Literacy: Sharing Books With Young Children**

Provides family child care providers with tools to help build children's early literacy skills. Spanish version available.

**154 Early Messages**

How to enhance language development in infants and toddlers. Spanish version available. 28 min

**032 Far Ago & Long Away: Innovative Storytelling**

Benefits of storytelling for early literacy experiences. How to polish storytelling skills. Spanish version available. 28 min

**First Steps Series**

Support for language development of all infants and toddlers, those developing typically and those with delays or disorders. Spanish version available. 30 min each

**037 Beginning Language Connections**

**038 Reading the Child's Message**

**039 Talking with Young Children**

**040 Building Conversations**

**Good Talking With You Series**

Series for developing language & communication skills in young children. 30 min each

**194 Oh Say What They See: Basic skills for parents**

**195 Let's Talk**

**196 Now You're Talking: Modeling techniques to extend conversation**

**197 Between You and Me: How adults can act as language facilitators**

**198 Space to Grow: How teachers influence language**

**Language Is The Key Series**

Programs for building language and literacy in early childhood. In Chinese and Vietnamese only.

**DVD 453 Talking and Books** 24 min

**DVD 454 Talking and Play** 24 min

**202 Learning to Communicate: The First Three Years**

Milestones of normal language development with warning signs which indicate possible delays in speech and language. 11 min

**203 Little Neva Learns to Talk**

Shows enriched language development for child (3 to 23 months) whose parents/home caregiver use "Talking From Infancy" program. 59 min

**241 Raising America's Children: Listening & Talking**

See Raising America's Children Series under [Child Development](#).

**569 Read Aloud**

How to read books with young children so they become lifelong readers. Everyone can do it, even non-literate adults. Available in seven languages. 13 min

**606 Signing Time**

Teaching children sign language, ages 0-5. 30 min

**374 Sign With Your Baby**

Easy-to-follow how to method. 60 min

**Starting Points Series**

For educators of culturally and linguistically diverse young children. 30-35 min each

**027 I Don't Know Where to Start**

Assists mainstream teachers to develop attitudes & create environments, practices, and routines that best welcome and support diverse learners.

**028 Getting Your Message Across**

Communication strategies that boost understanding.

**029 Bringing Language Alive!**

Key elements of first and second language acquisition.

**199 Stuttering and Your Child**

Information on stuttering, what it is and what parents can do to help their child. 30 min

**204 Talking From Infancy**

Guide for using language interactively in play and care routines. Companion video: "Little Neva Learns to Talk." 96 min

**DVD 439 A World Full of Language**

Supporting preschool English learners. Spanish on same DVD.

**NUTRITION**

**314 Baby Its You: Feeding your Baby**

Nutrition information for new parents. Spanish version only. 13 min

**361 Feeding Your Baby**

Encourages and supports 1) new parents; 2) breastfeeding with bottle feeding; 3) infant formula usage. 21 min

**375 Food & Fitness Matter**

Raising healthy, active kids. 24 min

**362 Food for Thought**

Offers suggestions on dealing with picky eaters, keeping the dinner time pleasant and involving the entire family in meal preparation. Spanish version available. 12 min

- 315 Food Safety Is No Mystery**  
Sanitation and personal hygiene, safe food preparation, preventing cross contamination, safe cooling, reheating techniques. *35 min*
- 367 For Goodness Sake! Prevent Anemia**  
Iron-deficiency anemia in low-income preschoolers. Spanish version available. *12 min*
- 365 Ingredients for a Good Start**  
Information for child care providers on how to meet children's nutrition and mealtime needs. Spanish version available. *25 min*
- 347 It's About Food**  
Covers a wide range of family nutrition topics. Spanish version only. *2 hr*
- 319 Lily Does Lunch: Nutrition at Noon**  
Spanish version only. *10 min*
- 341 Smart Snacking for Children**  
Shows three different moms and their children using snack time as an opportunity to give children important nutrients. Spanish version available. *12 min*
- 372 Today's Special**  
Shaping healthy food choices in child care programs. Available in Spanish. *26 min*
- 120 Your Family Day Care Home: Nutrition**  
See Your Family Day Care Home Series under [Family Child Care](#).
- PARENTING**
- 578 1,2,3,4 Parents! Part I**  
Four stages of child development and how to enhance learning at each stage. Shows three parenting styles. *17 min*; Spanish version, *30 min*
- 541 Among Three Cultures: Home, School, Peers**  
Cultures of home, school and "peer pressure" and their powerful impacts on children's lives. Spanish version available. *30 min*
- 501 Aplaud**  
Offers activities for parents to do with preschool children including motor skills and reading. Spanish version only. *12 min*
- 408 Belly Buttons Are Not Navels**  
Illustrates for children 3-6 years the importance of labeling and identifying body parts with correct terminology. *Oversized*. *12 min*
- 506 Blended Families (Yours, Mine and Ours)**  
How to talk about starting or being in a "blended" or step-parent family. *29 min*
- 580 Child Management: Who's Really in Charge?**  
Shows "good" and "bad" management techniques. Specific do's and don'ts are presented. *17 min*
- 563 Children of Divorce**  
Discussion with authorities, parents, young and now-adult children of divorce about the effects of divorce on children. *60 min*
- 422 Children of Single Parents: Where'd My Other Parent Go?**  
Looks at many different kinds of single parenting families and explores the common feelings generated in children as members of single-parent families. *20 min*
- DVD 447 The Dad Difference. Baby Basics**  
Candid comments & practical tips from fathers to become more connected with your babies. *34 min*
- DVD 448 The Dad Difference. Involved From the Start**  
Designed to motivate dads to connect with their children. *32 min*
- 540 Decisions! Decisions!**  
Discusses how to teach decision-making and problem-solving techniques to children. Spanish version available. *30 min*
- 404 Effects of Divorce**  
Negative effects of divorce. Signs of emotional trauma in children. guidelines for how to lessen these effects. *20 min*
- 539 Expecting the Most From Children**  
Illustrates how parents and educators can motivate children to believe themselves capable of achieving their fullest potential. Spanish version available. *30 min*
- 513 Families Talk About ... Education Starts At Home**  
Visits five families to show how they turn everyday work and play activities into positive learning experiences. *24 min*
- DVD 445 Fathers Matter**  
New roles, challenges, and opportunities for today's urban fathers. *19 min*
- 542 Feeling Good – My Child, Too!**  
Parents help their children build self-esteem. Spanish version available. *30 min*
- 527 Good Job! Moms at Work, Kids at Play**  
Facilitates a parent/child discussion of where mom goes after she says good-bye. *15 min*
- Grandparents as Parents Series**  
Trainings for grandparents and family caregivers. Spanish version available.
- 006 Lean on Me** *24 min*
- 007 Grandparents as Parents** *38 min*
- 008 Supporting Infant/Toddler Social-Emotional Behavior** *31 min*
- 009 Addressing Challenging Behaviors** *31 min*
- 509 Healing Wounded Hearts**  
Creates a healthy environment to discuss feelings associated with divorce. *45 min*
- 503 How to Listen to a Child**  
Illustrates how to listen to children so they know they are being heard and how to understand beyond the words. *9 min*
- 524 In Charge At Home (Latchkey Kids)**  
Latch-key children and how they handle a variety of home-alone situations. *21 min*
- 406 Kids Ask About War**  
Shows that children need opportunities to voice opinions and feelings when under stress. *30 min*
- 544 Kindergarten – Here I Am!**  
Preparing children for the first days at school. Spanish version only. *30 min*
- 545 Let's Get a Move On!**  
Offers advice on a family move. *30 min*
- 591 Lo Que Mama' y Papa' Deberian Saber**  
Discussion of everyday problems of raising children - separation, discipline, family issues. Spanish version only. *71 min*
- 418 Monsters in the Closet: Childhood Fears**  
Types of fears that affect children during different developmental stages. Ways to help children cope. *17 min*
- 537 New Fathers, New Lives**  
Men share their feelings/experiences of work and family; includes father's role, jealousy of mother, loss of intimacy. *23 min*
- 573 Parenting: Basics of Proactive Parenting**  
Different parenting styles: authoritarian, authoritative and permissive. Analyze your style and learn how to improve the quality of your home and family. *22 min*
- 576 Parenting: Successful Motivation**  
The cycle of motivation. Why internal motivation is preferred to external motivation. *22 min*
- Parenting Puzzle Series**  
Interactive approaches to solving problems and handling disagreements between parents & young people. Spanish version available. *27 mins each*
- 571 Middle Years, Part I: Tell Me More**
- 572 Middle Years, Part II; Like the Blades of a Scissors**
- Parenting Works! Series**  
How to navigate the most common parenting challenges. Spanish version available. *27 min ea*
- 583 Vol. 1, Bedtime, Friends, Food**
- 584 Vol. 2, Family, Television, Babysitting**
- 585 Vol. 3, Responsibility, Safety, Siblings**
- 586 Vol. 4, Playing, Misbehavior, Work and Family, Parents**
- 520-522 Parentmaking Educators Training Program, Volumes I, II and III**  
Offers skills development course for trainers of parenting classes. *2 hr each*
- 550 Playlistening**  
Outlines how parents can play with their children so that the child's need to feel cherished is understood. *38 min*
- 579 Pre-school Activities: Mommy / Daddy, I'm Bored!**  
Enriching quality-time games that will draw parent and child closer together. *17 min*
- 419 Preschool Parent**  
Four families and their efforts to build confidence and encourage natural curiosity in their young children. *30 min*
- 525 Raising Competent Girls**  
Uses classroom illustrations to show how teachers give boys more attention. *45 min*



- 543 Ready or Not – Here I Come: School Readiness**  
Help children begin their educational experience feeling good about school and themselves. Spanish version available. *30 min*
- 415 Sexperts: Miscommunication About Teen Pregnancy**  
Investigative report into difficulties adults and teens experience in talking and listening to each other about teen pregnancy. *40 min*
- 560 Sibling Bickering: Tips on Breaking the Cycle**  
Outlines specific strategies that help show improvement over time. *15 min*
- 548 Siblings: Why Do They Fight & What Can We Do About It?**  
Presents lecture on sibling rivalry by Ruth Pearce, founder of the Assn. of Child Development Specialists. *60 min*
- DVD 446 Single Parenting**  
Urban single parents talk frankly about their challenges and successes. *21 min*
- 554 Single Parenting: One-Parent Families**  
Discusses single parents dealing with day-to-day issues. *27 min*
- 421 Solutions to Ten Common Parenting Problems**  
Simple and realistic solutions to many problems experienced by parents of young children. *30 min*
- 528 Styles of Parenting For Educators Teaching Parenting**  
Dr. Robert Karen explains how parents can raise securely attached children. *24 min*
- 076 Table Talk: How Far Is Too Far?**  
Parents and kids discuss indecency and violence in the media. *30 min*
- 227 Television and Children Today: Conversation with Bob Keeshan**  
Discusses the negative effects of television on children and how to help them resist excessive TV watching. *17 min*
- 526 Ten Ways to be a Better Parent**  
Presents ways to develop trust, importance of spending time together and benefits of communication. *25 min*
- 234 Violence and Young Children: Reducing the Risks**  
Discusses how parents, teachers and child care providers can prepare children to deal with violence in our world. *18 min*
- Virtual Pre-K Series**  
An interactive teaching resource that connects school, home and community.  
**DVD 455 All about Me**  
**DVD 456 Taking Care of Me**
- 407 What Kids Want to Know About Sex and Growing Up**  
Discussion with children and parents about puberty, sex, reproduction and responsibility. (For children 8 years and up.) *50 min*

### Video Checkout Procedures

Videos, tapes, slides and other audio-visual materials can be reserved by phone at 658-7353. BANANAS can also provide computer searches on key topics.

All video loans are for a maximum of five working days.

No more than two items may be borrowed at one time.

Audio-visual materials are to be returned to a BANANAS' staff member during regular business hours: Monday-Thursday, 9:30 am-4:30 pm; Friday, 9:30 am-1:00 pm; Tuesday evenings until 8:00 pm.

There is a \$50.00 deposit for up to two items. Only checks will be accepted for deposits. When the materials are returned, the check is given back to the client. If materials are not returned on time, checks will be deposited by BANANAS.

If a video is not returned, the deposit check will be forfeited and the client will lose borrowing privileges.

BANANAS Child Care Resource and Referral provides comprehensive information and support to parents and child care providers residing in Northern Alameda County. Some of the services offered to parents include referrals to child care programs, handouts to help parents with selecting child care and with child development issues, and workshops on various topics. Some of the services offered to child care providers include workshops and classes (some through Merritt College) on child development and business topics as well as technical support to new and established child care homes and centers.

BANANAS' services are offered in English, Amharic, Cantonese, Laotian, Mandarin, Spanish, Thai, Tigrigna, Mien, and Vietnamese.

Our telephone lines are as follows:

General Information      658-7353  
Child Care Referrals      658-0381  
Warm Line                    658-6046