SERVICES, WORKSHOPS, & CLASSES
Winter 2020 • January to March
Welcome to BANANAS! We are a nonprofit organization that supports families, children, and early care and education providers in Oakland, Berkeley, Alameda, Albany, Emeryville, and Piedmont. Our programs help families access child care with referrals and payment assistance so they can work or continue their education, and we support providers with professional development. We offer workshops, playgroups, coaching, and support groups for parents and caregivers, and help connect families with all types of child care options from family child care providers, child care centers, family, friend, neighbor caregivers, and nannies.

Our Mission
Partnering with families and child care providers to raise happy, confident children.

Where Did We Get Our Name?
We get this question a lot and the answer has three parts. Our founding mothers chose the name BANANAS, first, because their children were eating lots of bananas. Secondly, they sometimes felt that they were going “bananas” with the 24/7 challenges of parenthood. And thirdly, they wanted a name that was child-friendly, memorable, and in no way bureaucratic. As an interesting trivia fact, we began as a parent-led playgroup and our original name was “BANANAS: A Place to Find Playmates.”

Parking
During business hours, the parking lot behind the building is for staff only. When attending evening or weekend events, you may use the parking lot. Daytime parking is available on the street. Be sure to read signs regarding street-sweeping days.

Accommodations
If you need any special accommodations for a parenting workshop, please contact Judy Kriege, judy@bananasbunch.org or 510-658-7353 x. 142 at least two weeks in advance. If you are attending a provider training, please contact Sarah Silva at 510-658-7353 x.167 or sarah@bananasbunch.org.

No Refunds
There are no refunds for health and safety classes. All class registrations are final.

Make a donation online at bananasbunch.org/donate
Child Care Referrals
Using a database containing over 900 licensed child care programs, our counselors are here to create individualized child care referral plans. Each plan is uniquely tailored to meet your needs and offers an opportunity to connect with a care provider who’s the right fit. Our counselors will spend the time to get to know you and be creative in finding all possible options, providing guidance with suggestions and tips on how to find the best caregiver.

Child Care Reimbursements
Many working families in low-wage jobs depend on government subsidies for child care expenses. BANANAS is the clearinghouse for these subsidies in Northern Alameda County. We advise parents as to whether they qualify and help parents sign up on eligibility lists.

Navigation Services
BANANAS currently collaborates with Alameda County Social Services Agency, First 5 Alameda County, and Family Front Door on the CARE program, assisting homeless families with navigating the child care system. We assist families in paying for child care by connecting them to subsidized child care programs. Families who need immediate child care services may receive a temporary voucher that helps them pay for child care.

We also work with the Alameda County Social Services Agency to offer the Foster Care Bridge program. The Foster Care Bridge Navigator supports foster families in Alameda County in finding child care and supports child care providers’ professional development around integrating trauma-informed practices into their program through offering training opportunities and coaching.

Parent Education
BANANAS offers workshops, support groups, and parent education series courses to help you improve parenting skills and gain support. There is no child care provided for any of our parenting classes, but babies in arms are welcome. Register for classes online at www.bananasbunch.org

The Boutique
Come “shop” for clothing, equipment, toys, diapers, and more for infants and children at our Boutique. These items are donated by parents and supporters, and families can simply take what they need. We accept clean and gently used toys, children’s equipment, diapers, children’s and parenting books in good condition, puzzles and games, gently worn children’s clothing, and maternity wear. Please call ahead to see if we are currently accepting donations as sometimes we reach capacity.

Online Jobs Board
We welcome both parents and licensed child care providers to post jobs on our online board! To post a job or search our listings visit www.bananasbunch.org

Resources & Publications
BANANAS maintains a library of handouts that cover a wide range of topics for parents and providers, from child development to choosing child care to licensing requirements, snack ideas, and how children learn through play. A variety of handouts are printed in both Spanish and Chinese. You can find the handouts in our office and at www.bananasbunch.org

WORKSHOPS

Choosing Infant Care
Finding child care for your infant or toddler is one of the most important decisions you will make as a parent. There are a lot of things to consider, such as cost, hours, and type of child care that is best for your family. There are many questions about the difference between a family child care provider, a child care center, and all of your options. We’ll discuss each type of care so you can connect with the right provider. We’ll also cover how to screen and interview potential providers. Babies are welcome!

Tue, Jan 14 | 6:30 pm - 8:30 pm
Tue, Feb 4 | 10 am - 12 pm
Tue, Mar 17 | 6:30 pm - 8:30 pm
Instructor: Judy Kriege
Location: Berkeley Room
New Moms Support Group (4-Part Series)
Congratulations on becoming a new mom! Right now you may be feeling a lot of emotions. If you are excited, worried, overwhelmed, or overjoyed, then you’re totally normal. Finding a circle of support is a great way to lessen the stress of caring for a newborn. At each of our support groups, moms will get to share their feelings, ask questions, and build friendships with one another. Come and join us and bring your baby along!

Sign up for one of the groups below:

Wed, Jan 8, 15, 22 & 29 | 10 am - 12 pm
Instructor: Alexis Azzam
Location: Berkeley Room

Tue, Mar 3, 10, 17 & 24 | 10 am - 12 pm
Instructor: Rose Schweig
Location: Berkeley Room

Hiring a Nanny 101
If you’re thinking of hiring a nanny, then this is the workshop for you! At this event, Hand in Hand: The Domestic Employers Network will discuss the details of being an employer, including your rights and responsibilities. By offering a variety of resources such as tips for hiring and interviewing, establishing wages and a work agreement, how to ensure a fair and safe workplace, and the laws surrounding nanny employment, the network will set you up with all the tools you need. They’ll also offer ideas on how to create a positive, long-term relationship with your employee. You will have a chance to talk about your own experiences, ask questions, and share concerns.

Sun, Jan 12 | 10 am - 11:30 am
Thu, Mar 12 | 6 pm - 7:30 pm
Instructor: Hand in Hand: The Domestic Employers Network
Location: Oakland Room

Finding Child Care Resources at Room to Bloom Family Resource Center
This workshop is designed to assist families in accessing child care resources. We will talk about subsidized or low-cost child care programs that help pay for or reduce child care costs for families who qualify. Our knowledgeable counselor will also introduce you to the variety of child care options and offer guidance on how to begin the process of finding a child care provider, or preschool program, that’s right for your family.

Mon, Jan 27 | 11 am - 12 pm
Mon, Mar 23 | 11 am - 12 pm
Instructor: Angie Cuatlatl
Location: 8711 MacArthur Blvd, Portable B, Oakland, CA 94605

Fathering from Within (4-Part Series)
This is a series designed to empower all fathers. Offering personal tools that help to define or redefine one’s sense of identity and purpose and establish guiding principles for fatherhood, this series will help you to navigate relationships and social norms that may hinder effective parenting. Fathers will learn that everything we need to know about being a great dad is, and always has been, inside us. All we have to do is find it and share it with our children and make their future bright and promising. Facilitator Gaylon Logan, Jr. has over 20 years of experience working with boys and men of color and he is a father, grandfather, and CEO of the nonprofit Village-Connect.

Thu, Mar 5, 12, 19 & 26 | 7 pm – 9 pm
Instructor: Gaylon Logan, Jr.
Location: Berkeley Room
BOOTS CAMP

These workshops are based on the idea of a parenting “boot camp” that will give participants the skills, confidence, and connections to raise a healthy, happy infant. You don’t have to attend all the workshops; just choose the ones that are a good fit for your family. Babies and partners are welcome!

Booties Camp: Baby Yoga

Yoga is a great way to regain shape, strength, and energy after giving birth. It’s also a great way to learn about breath and body awareness. This workshop includes exercises for breathing and getting centered. We’ll also explore poses with—and without—baby, learn songs for bonding with your infant, and practice calming exercises. Taught by Elika Aird, a certified yoga instructor, the class is designed for mothers and their pre-crawling babies, but babies of all ages are welcome.

Sign up for one of the options below:
Tue, Feb 11 | 10 am – 12 pm
Instructor: Elika Aird
Location: Oakland Room

Thu, Feb 20 | 1:30 pm – 3:30 pm
Instructor: Elika Aird
Location: Havenscourt Cub House/Lion Creek FRC, 6818 Lion Way, Oakland, CA 94621

Booties Camp: Baby Massage

This workshop is all about relaxation, bonding, and the power of touch. The benefits of baby massage are amazing. When you massage your infant you can reduce crying, increase sleep, improve blood circulation and digestion, balance breathing, inspire relaxation and better self-esteem, and create a loving parent-child bond. In this hands-on workshop, you will learn simple massage techniques that your baby will love.

Sign up for one of the options below:
Thu, Feb 13 | 1:30 pm – 3:30 pm
Instructor: Tsadate Neway
Location: Havenscourt Cub House/Lion Creek FRC, 6818 Lion Way, Oakland, CA 94621

Tue, Feb 18 | 10 am – 12 pm
Instructor: Tsadate Neway
Location: Oakland Room

Booties Camp: Baby Sleep (2-part Series)

Sleep can often feel like the number one lost activity for new parents when the baby arrives. You may be up all night soothing a crying infant, exhausted from keeping up with your little one throughout the day, or just tired from trying to juggle life’s many tasks. At this workshop, we will talk about sleep patterns, locations, naps, night feedings, co-sleeping, healthy training, and much more! Bring your questions and come learn about what’s going on with your newborn.

Wed, Feb 5 & 12 | 10 am - 12 pm
Instructor: Alexis Azzam
Location: Berkeley Room
Family, Friends, & Neighbor (FFN) Playgroups
These playgroups are designed especially for extended family caregivers: Family, Friends, and Neighbors who care for young children. FFN caregivers are grandparents, aunts, uncles, siblings, cousins, neighbors, and friends.

At each facilitated group, you will be introduced to new ideas to increase parenting skills and improve awareness of children's needs, learn about healthy child development, and better understand how to effectively support early learning and kinder-readiness.

Family, Friends, & Neighbor (FFN) Workshops
These workshops are designed for grandparents, aunts, uncles, cousins, siblings, family, friends, and neighbors caring for young children. All children need to talk, read, sing, and play during the critical early years of their development to meet their full potential.

Everyday activities, interactive events, and socialization with other children can be a valuable learning experience for any child. Attend our workshops and learn how to help the children in your life become kinderready and kick start early learning in the world around them.

Playgroups are free and open to all caregivers of young children with a focus on serving grandparents, siblings, aunts, uncles, neighbors, friends, and parents. Playgroups will offer a space to connect with one another and build community. Our free playgroups will have children laughing, exploring, and creating and we will discover the many wonderful ways that play inspires learning. Join us weekly to pretend, play, celebrate music, create art, and dream up inventions while gaining new parenting tools and learning about child development. A light snack will be served.

Space is limited at playgroups and participation is on a first-come, first-serve basis. Young babies are welcome if attending with a sibling who meets the recommended age group (two to five years).

Playgroups at Melrose Library (12-Week Series)
Every Wed, Jan 8 - Mar 25 | 10 am - 11:30 am
Location: 4805 Foothill Blvd, Oakland, CA 94601

Playgroups at Lincoln Mandela Family Resource Center (12-Week Series)
Every Thu, Jan 9 - Mar 26 | 10 am - 11:30 am
Location: 1340 7th St, Oakland, CA 94607

Playgroups at West Oakland Library (12-Week Series)
Every Fri, Jan 10 - Mar 27 | 12 pm - 1:30 pm
Location: 1801 Adeline St, Oakland, CA 94607
Family Child Care Playgroups
These playgroups are designed to accommodate Family Child Care (FCC) programs and the children they serve. At each facilitated group, you will be introduced to new ideas to increase your ability in guiding young children and improve awareness of children’s needs, learn about healthy child development, and better understand how to effectively support early learning and kindergarten readiness.

Child Care Provider Trainings
Child care provider trainings are designed to provide supportive, relevant information to professionals in the child care field and those interested in becoming providers. Child care is not available during provider workshops. Register for classes online at www.bananasbunch.org

Health & Safety Trainings
First Aid & CPR Trainings are offered in English, Spanish, Chinese, and Vietnamese with a 2-year certification. These are mandatory trainings for child care professionals. We also offer Preventive Health in English, Spanish, and Chinese for anyone looking to open or re-locate a child care business.

Child Care Initiative Project (CCIP)
CCIP is designed to recruit, train, and retain family child care providers. We provide assistance with setting up a family child care business and becoming licensed, offer one-on-one consultations, pre-licensing home visits, and ongoing technical assistance to child care providers.

If you are interested in becoming a licensed family child care provider, call Karina at 510-658-7353 x. 156 or email karina@bananabunch.com

Quality Counts
BANANAS is currently collaborating with First 5 Alameda County in the Quality Counts Program. We also work with the City of Berkeley to offer QRIS services. QRIS is a rating and quality improvement program that helps early care and education programs identify areas requiring improvement and provides support to improve the quality of child care.

Resources & Publications
BANANAS maintains a library of handouts that cover a wide range of topics for parents and providers, from child development to choosing child care to licensing requirements, snack ideas, and how children learn through play. A variety of handouts are printed in both Spanish and Chinese. You can find the handouts in our office and at www.bananasbunch.org

TRAININGS

Understanding Challenging Behavior through a Schema Lens
In this highly interactive workshop participants will learn how to use schema to understand behavior. Participants will also use schema to create play possibilities that challenge children and alleviate stress in early learning settings. Bring a bag to take home all the rich resources from this jam-packed workshop.

Wed, Jan 8 | 6:30 pm – 8:30 pm
Instructor: Shawn Bryant
Location: Oakland Room

Director’s Roundtable: A Time for Planning
The month of January is a natural time to plan. This BANANAS Director’s Roundtable meeting is going to do just that, offering center directors an opportunity to network, build leadership, and support ongoing professional learning. All are welcome to give input and share ownership in this community of practice. Come to this Director’s Roundtable and help set our meeting priorities for the year to ensure the structure and topics are useful, timely, and of high interest to you. Using a community of practice protocol, the conversations will be guided to help set agendas for our future meetings. Director’s Roundtables are open to all center staff who work in an ECE leadership capacity. We need your input! Come, stay for lunch, and make our meetings something you want to attend!

Thu, Jan 9 | 1 pm – 3 pm
Instructor: Joan Suflita
Location: Oakland Room
**Linking Literacy from Arrival until Departure**

Language & Literacy are great entry points for child care professionals to engage and interact with young children across the learning continuum. In this interactive session participants will view videos, demonstrate and observe live presentations, and actively participate in language and literacy activities. Bring a bag to take home all the rich resources from the jam-packed language & literacy workshop.

*Thu, Jan 9 | 6:30 pm – 8:30 pm
Instructor: Shawn Bryant
Location: Oakland Room*

**Early Math Using the Project Approach!**

Join a cohort of teachers supporting children ages 0-5 as they explore early math using the Project Approach. Teachers will build on children’s experience and knowledge, support their problem-solving and reasoning skills, and through play, explore early math aligned with the California Preschool Curriculum Frameworks. This training series consist of three professional learning workshops and six coaching sessions. The goal is to develop a unique project to share with the children in your care. Incentives will be provided to support your project.

- Exploring your Early Math Project: Sat Jan 25 | 9 am - 1 pm
- Developing your Early Math Project: Sat Mar 21 | 9 am – 1 pm
- Early Math Share Fair Event: Sat May 16 | 9 am – 1 pm
*Instructor: Joan Suflita
Location: Oakland Room*

**Opening a Family Child Care Program**

Are you thinking of opening your own family child care business? If so, these free workshops are just for you! Join us to talk about how to become a licensed provider. BANANAS is here to offer support at every step. This is a great chance to meet with an expert who can answer your questions and offer information to get you started. Please note that this does not replace the Community Care Licensing (CCL) orientation. To pre-register for that orientation, call CCL at 510-622-2602 or go to www.ccld.ca.gov and pay their $25 registration fee.

*Thu, Jan 23 | 10 am - 11 am
Thu, Feb 27 | 10 am - 11 am
Thu, Mar 26 | 10 am – 11 am
Instructor: BANANAS staff
Location: Berkeley Room*

**Simplifying Taxes for Family Child Care Providers**

When you are a business owner, taxes are one of the most critical issues you face. We are here to help you with recordkeeping and understanding deductions that are specific to family child care businesses. This workshop will take a deep look at the Tax Cuts and Jobs Act (TCJA) and how you can take advantage of the new rules. You may be paying more taxes than are necessary. Tax specialist Fred Kenyon will show you a simple way of recordkeeping and help you identify deductible items. This is a great opportunity for you to learn about tax savings.

*Sat, Jan 11 | 10 am - 12 pm
Instructors: Fred Kenyon
Location: Berkeley Room*
Strengthening Families: The 5 Protective Factors
Strengthening Families is an approach to working with families that builds upon family strengths, rather than focusing on deficits. It includes the following five Protective Factors: Parental Resilience, Social Connections, Knowledge of Parenting and Child Development, Concrete Support in Times of Need, and Social and Emotional Competence of Children. These workshops will take a deeper dive into each subject. Join us for this series where we will explore each of these protective factors closely, using exercises and discussion to deepen our knowledge to be the best support to our children and the families we serve.

Knowledge of Parenting and Child Development: Tue, Jan 28 | 6:30 pm – 8:30 pm
Social Emotional Competence of Children: Tue, Feb 25 | 6:30 pm – 8:30 pm
Parent Resilience: Tue, Mar 24 | 6:30 pm – 8:30 pm
Social Connections: Tue, Apr 28 | 6:30 pm – 8:30 pm
Concrete Support in Times of Need: Tue, May 26 | 6:30 pm – 8:30 pm
Instructors: Rainbow Markell and BANANAS staff
Location: Oakland Room

Trauma 101
Trauma 101 Participants will learn about trauma and the impact of trauma and traumatic stress on children's development and learning. You will be introduced to trauma-informed early childhood practices that support children's healing and resiliency. Participants will also learn about the use of the Adverse Childhood Experiences (ACES) index to understand their own background with trauma. A catered lunch will be provided. Note: Trauma 101 is the prerequisite required for most of the other Trauma trainings.

Sat, Feb 1 | 9 am - 4 pm
Instructor: Rainbow Markell
Location: Oakland Room

Trauma-Informed Care Discussion Group
We invite those of you who have attended a Trauma 101 or the Preventing Compassion Fatigue class to come to this follow-up session. You will have a chance to talk about your own experiences and ask questions that you have after the trainings. During this session we will review the information discussed during the trainings, share more information on how to access your own experience with trauma, discuss personal stories and answer your questions to help you better serve children and families in your care.

Sat, Feb 6 | 6:30 pm – 8:30 pm
Instructors: Debby Alvarez
Location: Oakland Room

Put Your Oxygen Mask on First – Taking Care Of Yourself To Be The Best
Working as an early educator in current times is challenging. You provide care to children who may be experiencing unstable living conditions, food insecurities, and mental and physical health concerns. What if you are an individual experiencing these same conditions? Despite this, educators are expected to show up to work with open arms and a smile. The title “Put Your Oxygen Mask on First” is a gentle reminder that educators must breathe life into self before they can help others. This workshop will support participants to understand the connection between an educators’ wellness and children’s optimal development through current research and theory. You will learn self-care strategies created by early educators, and set self-care goals that are specific, measurable, attainable, reachable, and timely.

Wed, Feb 12 & 19 | 6:30 pm – 8:30 pm
Instructor: Birdie Winrow
Location: Berkeley Room

CLASS Toddler Introduction
The Classroom Assessment Scoring System (CLASS™) is an observational tool that focuses on effective classroom interactions between teachers and students and how to use these interactions to create positive learning opportunities. Participants will learn how to identify effective teaching practices by using the Teachstone Library classroom videos. This introduction will allow you to become familiar with the observational instrument and prepare you to go more in depth in future CLASS training's. Participants will earn 3.5 Professional Growth Hours for this training.

Sat, Mar 7 | 8:30 am - 12:30 pm
Instructor: Joan Suflita
Location: Oakland Room
Teen CPR & First Aid Basics
Learn important health and safety skills and increase your chances of getting a babysitting job. Designed for youth ages 13-17, this class prepares teenagers to become better babysitters. This is a First Aid and CPR non-certificate course. Our instructor will teach you basic first aid, CPR, and emergency response. Please wear comfortable clothes and bring a bag lunch. This class will fill up. Purchase your tickets early!
The registration fee is $50 and includes a manual and a certificate of completion. There are no refunds.

Mon, Mar 30 | 10 am - 4 pm
Instructor: Gabriela Meneses
Location: Berkeley Room

HEALTH & SAFETY CLASSES
To receive a $70 partial scholarship, please use this discount code (CDH-CPR-2019) while checking out. Thanks to the Bayer Corp, we offer full scholarships to Berkeley child care providers for CPR & First Aid classes. Please use this discount code (bayer 2019) while checking out. We also offer discounted tuition when you enroll in both the CPR & First Aid and Preventive Health classes at the same time. Call 510-658-7353 for the Online Discount Code. For online registration, visit www.bananasbunch.org.

Note: There are no refunds for health and safety classes. In order to meet the 8-hour requirement, we do a working lunch. Please bring your own lunch or snacks.

CPR & First Aid
Cost: $90
This course meets the 8-hour California State regulations for child care providers. You will practice life-saving, mouth-to-mouth resuscitation and care for choking on mannequins. First Aid teaches injury prevention and how to respond to emergencies and accidents. This class covers ages birth to adult, though the emphasis is placed on pediatric ages cared for in child care programs. This is a 2-year certification.

Sun, Jan 12 | 9 am - 5 pm
Sat, Feb 2 | 9 am - 5 pm
Sun, Mar 22 | 9 am - 5 pm
Location: Berkeley Room
Servicios de Familia

Referencias de Cuidado Infantil
Los consejeros apoyan a las familias mediante la creación de planes de referencia de cuidado de niños individualizados. Nuestra base de datos contiene más de 900 opciones de cuidado infantil. Con una selección tan grande y diverso de proveedores, somos capaces de ofrecer a las familias la oportunidad de encontrar el ajuste perfecto.

Con el fin de elaborar un plan de referencia que se adapta de forma única a cada familia, y ponemos énfasis en la comprensión de las particularidades de la situación de cada familia, ser creativos en la búsqueda de posibles opciones, y a los padres se les ofrece una guía con sugerencias y consejos, mientras empatizamos sus preocupaciones.

¡Buenas noticias!
BANANAS ofrece referencias de cuidado infantil gratis en Room to Bloom el 3er Miercoles de cada mes. Los padres recibirán un asesoramiento individual sobre referencias y acerca de cuidado infantil subsidiado, incluyendo qué tipo de asistencia es disponible para las familias.

Servicios de Proveedor

Proyecto de Iniciativa de Cuidado Infantil (CCIP)
CCIP está diseñado para reclutar, entrenar y retener a los proveedores de cuidado infantil. Ofrecemos ayuda con la creación de un negocio de cuidado infantil en el hogar y como obtener la licencia, consultas de uno-a-uno, visitas de pre-licencia, y asistencia técnica a las personas que están en camino para la licencia de cuidado infantil.

Si está interesado en convertirse en un proveedor de cuidado infantil familiar con licencia llame a Karina al 510-658-7353 x. 156 o correo electrónico karina@bananabunch.com.

Grupo de Apoyo a las Madres (4-Part Series)
¡Vengan a juntar con otras madres! Recibir apoyo y relajar con otras madres con niños menos de 3 años. Normalmente madres concentran en las necesidades de la familia y no enfocan en lo que necesitan ellas mismas. Este es una oportunidad para enfocar en cómo es usted como una individuo y una madre. Estamos conectando para hacer una comunidad de madres y compartir nuestras experiencias, problemas y éxitos. Este grupo estará presentado por Rose Schweig, una consejera licenciada, una madre de una niña que ha cumplido un año y que ha trabajado con familias latinas por más de 10 años.

Nota: Si no tiene alguien para cuidar a sus niños sean bienvenidas a traer sus niños menores de 3 años.

Jueves, Ene 16, 23, & 30
Jueves, Feb 6 | 10 am – 12 pm
Instructora: Rose Schweig, MFT
Localidad: Havenscourt Cub House/Lion Creek FRC, 6818 Lion Way, Oakland, CA 94621
Simplificando Impuestos para Proveedores de Cuidado Infantil Hogareño

Les invitamos a este taller con Carlos Aleman, especialista en impuestos para proveedoras de cuidado infantil y niñeras. Es una oportunidad para aprender cómo mantener al día y controlar las necesidades de los archivos de su negocio. Con una estrategia clara podrá empezar ahorrar en sus impuestos y tener dinero para planear sus vacaciones, financiar la escuela de sus hijos, y sobre todo, financiar su jubilación.

Jueves, 16 de Ene | 6:30 pm - 9 pm
Instructor: Carlos Aleman
Localización: Sala de Oakland

Resolución de Conflictos entre Niños Pequeños con Apoyo de sus Maestros

Descripción: Los conflictos son disputa y desacuerdos que forman parte de nuestras vidas.
El objetivo de la resolución de conflictos es ayudar a los niños y adultos a emplear un conflicto en forma constructiva para el aprendizaje mutuo. Esta clase incluye juegos y dinámicas que se aplican en el salón directamente con los nenes. Los conflictos más comunes son; sobre compartir, tomar turnos, resolver un problema común, etc.

Sábado, 1 de Feb | 9 am - 1 pm
Instructor: Angelica Guerrero
Localización: Sala de Berkeley

ENTRENAMIENTOS DE PROVEEDORES

Simplificando Impuestos para Proveedores de Cuidado Infantil Hogareño

Este taller está diseñado para asistir a familias sobre las distintas opciones de cuidado infantil disponibles. Angie le dará información sobre opciones de cuidado infantil subsidiado o de bajo costo y le ayudará a entender cómo inscribirse si califica para recibir asistencia. También ofrecerá orientación sobre cómo comenzar el proceso de encontrar un proveedor de cuidado infantil o un programa preescolar adecuado para su familia.

Lunes, 27 de Ene | 11 am - 12 pm
Lunes, 23 de Mar | 11 am - 12 pm
Instructor: Angie Cuatlatl
Localización: 8711 MacArthur Blvd, Portable B, Oakland, 94605

Eligiendo Cuidado de Niños en Room to Bloom Family Resource Center

Este taller está diseñado para asistir a familias sobre las distintas opciones de cuidado infantil disponibles. Angie le dará información sobre opciones de cuidado infantil subsidiado o de bajo costo y le ayudará a entender cómo inscribirse si califica para recibir asistencia. También ofrecerá orientación sobre cómo comenzar el proceso de encontrar un proveedor de cuidado infantil o un programa preescolar adecuado para su familia.

Lunes, 27 de Ene | 11 am - 12 pm
Lunes, 23 de Mar | 11 am - 12 pm
Instructor: Angie Cuatlatl
Localización: 8711 MacArthur Blvd, Portable B, Oakland, 94605
CLASES DE SALUD Y SEGURIDAD
PARA PROVEEDORES DE CUIDADO INFANTIL


Nota: No hay reembolsos para las clases de salud y seguridad.

Módulo 1 – RCP/CPR y Primeros Auxilios
Costo: $90
Este curso cumple con las 8 horas de reglamentos del Estado de California para los proveedores de cuidado infantil. Se realizarán prácticas de reanimación boca a boca para salvar vidas y atender a atragantarse con maniquíes. Primeros Auxilios enseña la prevención de lesiones y la forma de responder a las emergencias y accidentes. Esta clase cubre desde nacimiento a edad adulta, aunque el enfoque ese en las edades pediátricas atendidas en programas de cuidado infantil. Esta certificación es de dos años.

Sábado, 25 de Ene | 9 am - 5 pm
Domingo, 8 de Mar | 9 am - 5 pm
Localidad: Sala de Berkeley

Módulo 2 - Salud Preventiva
Costo: $60
Este curso cumple con las 8 horas de reglamentos del Estado de California para los proveedores de cuidado infantil. Incluye prácticas de salud preventiva y manejo de las enfermedades transmisibles, a prueba de niños, información de la inmunización, la nutrición y la identificación y reporte de abuso infantil. Actualmente la certificación de este curso no tiene vencimiento.

Sábado, 22 de Feb | 9 am - 5 pm
Localidad: Sala de Berkeley
家庭服務部
FAMILY SERVICES

托兒所和幼兒園資訊處 (Child Care Referrals)

透過電話或面談，工作人員將為你提供一個配合你和孩子需求的托兒所或幼兒園資訊。

由於香蕉中心儲存了多達900個，且多元的托兒所資訊，因此，你能在此有利的情況下，為你的孩子找到合適的托兒環境。

為了能提供一個配合你個人家庭需要的托兒所或幼兒園資訊，工作人員將在聆聽和了解你和你家庭整體的狀況和需求之後，別具巧思的尋找各種有利的選擇，並依專業經驗提供建議，或善巧的輔導，從而你可作最適合家庭需求的決定。

免費英文課程-不用註冊
FAMILY & PROVIDER FREE ENGLISH TUTORING

香蕉中心 (BANANAS) 將提供免費練習說英語的課程。

這課程是專為學習實用托兒英語的家庭, 褓母，和托兒工作者而設計。在課程裡，除了學習用英語與孩子溝通交談、唸故事書和唱歌、戶外學習，和玩遊戲外，並對英語的運用有進一步的了解。

由於這個課程不設固定的期限，所以不需要先登記和註冊，只要是在課程時間，到大廳的櫃檯登記即可。此外，這課程以實用英語為主題，所以歡迎帶著幼兒一起來學習。

請上網查看課程的日期和時間
www.bananasbunch.org/English

托兒工作者 (PROVIDERS)

托兒工作者
PROVIDERS

專業訓練 (Trainings)

為開設幼兒園者所設立的課程，其著重在於提供多方面的輔助，例如與幼兒有關的專業資訊，與執照有關的健康和安全訓練，以及其他如何執照的執照和經營幼兒園。

托兒工作者 (PROVIDERS)

兒童健康安全與托兒訓練課程 (訊息更新)

家庭托兒事業簡易的報稅方式 [Simplifying Taxes for Family Child Care Providers]

在此報稅講座裡，報稅專題主講人，Benjamin Lee (會計師和稅務專家)，將講解目前與家庭托兒稅務相關的規條，經營家庭托兒的實務，如何正確的記錄進出的帳目，如何作好報稅前的準備工作，學習如何作記錄，維護財政的平衡，以及如何為未來報稅作好省稅的計劃。

日期：1月18日星期六     時間：9:30am-12:30pm
主講人：Benjamin Lee
課室：香蕉中心二樓 - 柏克萊室 Berkeley Room

感謝加州教育部的資金分配為我們提供部分獎學金。如果你想要獲得70美元的部分獎學金，請在完成登記前使用此折扣代碼: CDH-CPR-2019。獎學金折扣僅限每人一次，你需自購買及使用。

另外，感謝 Boyer公司為在伯克萊 (Berkeley) 居住或工作的托兒工作者提供此課程全額獎學金，請在完成登記前使用此折扣代碼 (bayer 2019)。獎學金名額有限。若想獲取此折扣代碼亦可以 請致電510-658-7353 查詢詳情。

單元1：傳染性急病的預防和保健 (Preventive Health)
課時：8小時            費用：$60

8個小時的課程是配合加州政府對托兒工作者資格的要求。內容包括：如何建立良好的健康環境和預防的措施，傳染病的預防和處理，緊急狀況的準備與應對，食物安全和營養常識，以及如何確定和舉報虐待兒童的行為。目前，此證書尚無有效期期限。

心肺急救: 星期六, 3月14日 | 時間: 9am – 5pm
課室: 香蕉中心二樓 - 柏克萊室 (Berkeley Room)
Our History
As women began to enter the workforce during the early 1970s in increasing numbers, the need for child care became a common and widely acknowledged dilemma. We evolved from a place for children and mothers to socialize and play to a critical network of information and resources that enabled parents to work without compromising their child’s welfare.

BANANAS was founded in 1973 by a group of volunteer moms who believed that everyone should have access to affordable child care, regardless of income. The mothers had a vision of a grassroots organization that would be based on the premise that parents are the best experts when it comes to their children. The organization would be rooted in the idea that families are able and capable of making the best decisions on their own when given supportive, non-judgmental information.

Help Support Us
We pride ourselves in the efforts that we have made to make our programs and services available to the entire community.

To ensure that parents and child care providers all have the same opportunity to participate, 99.9% of our services are provided at no cost. Parent education, playgroups, child care provider professional development, and child care referrals are available to anyone and everyone.

In order to maintain our current levels of service, BANANAS needs to raise funds. Please join us in supporting parents and child care providers in taking care of our most precious assets, our children, by making a donation today!

Make a donation online at bananasbunch.org/donate

Phone
510-658-7353 (Main)
510-658-0381 (Child Care Referrals)

Website & Email
www.bananasbunch.org
info@bananasbunch.org

Location
5232 Claremont Ave
Oakland, CA 94618

Business Hours
Monday – Thursday
9:30 am – 4:30 pm
(Referrals close at 4:15)

Friday
9:30 am – 12:30 pm

Boutique Hours
Monday – Thursday 10 am – 4 pm
Friday 10 am – 12 pm